

Breakfast grill, deli, and grill items are available to order via Thrive Mobile and Desktop



thrive ThriveApp.io



- M** Manhattan Monday
- T** HEYAY! It's Tuesday!
- W** Wild Wing Wednesday
- Th** Pasta Me Thursday
- F** Fryday

Fuel **DEFINED**
WHAT MAKES SOMETHING **Fuel**?

Items marked with this icon meet the following criteria, consistent with current dietary recommendations.

MAIN ENTRÉE

Calories: <400
Sat Fat (g): <5
Sodium (mg) <600

SIDES

Calories: <250
Sat Fat (g): <2
Sodium (mg) <250



Cafe Dining Website

Food by FLIK

M Beef Barley Soup **Fuel** .37/oz
Lentil Soup
Carrot, Cumin Soup

STEAKHOUSE MARINATED BONELESS CHICKEN THIGH, WORCESTERSHIRE Fuel .37/oz
ORANGE, CILANTRO MARINATED PORK LOIN
Crispy Potato, Cheddar **V**
Roasted Carrots

Vegetarian Garden Vegetable Quinoa Bake .37/oz

T Carrot Cumin Soup **Fuel, AG, V+** .37/oz
Mushroom Bisque **Fuel, V**
Chicken Noodle Soup

JERK SPICED SHRIMP AG .37/oz
SALISBURY STEAK
Sweet Potato Puree, Marshmallows **Fuel***
Roasted Broccoli **Fuel, AG, V+**

Vegetarian Red Lentil Ginger Dal .37/oz

W Beef Barley Soup **Fuel** .37/oz
Tuscan Kale Soup, White Beans **Fuel, V**
New England Corn Chowder

CHICKEN CACCIATORE .37/oz
ROASTED TRI TIP
Herbed Bowtie Pasta **Fuel, V**
Roasted Green Beans, Garlic **Fuel, AG, V+, FF**

Vegetarian Baked Eggplant Parmesan **Fuel, V** .37/oz

Th Beef Barley Soup **Fuel** .37/oz
Creamy Tomato Basil **Fuel, AG, V**
Quinoa, Vegetable Soup

THOMPSON HOSPITALITY CAFÉ DAY .37/oz
SAGE ROASTED PORK LOIN, AG
CAJUN SPICED TILAPIA
Whipped Potatoes **AG, V**
Roasted Cauliflower **AG, V+**
Vegetarian Chickpea and Kale Pomodoro .37/oz

F Beef Barley Soup **Fuel** .37/oz
Pistou, Vegetable, Garbanzo, Ditalini Soup **Fuel, V**

GYRO BAR

Fuel = Better For You, **AG** = Avoiding Gluten, **V+** = Vegan, **V** = Vegetarian, **FF** = Functional Food

